



SANDY STANWAY

Licensed Parelli 3* Instructor NEWSLETTER

WHAT HAS BEEN HAPPENING

Hi All.

This newsletter is about new beginnings and new opportunities in lots of ways.

As most of you know in April last year, Tony got offered a new job in the Bay of Plenty that was simply too good to turn down, so a lot happened in a fairly short space of time with us selling up in Canterbury, buying a 20 acre property up in the Bay of Plenty and shifting us and the horses up here.

As it has turned out, the decision to take the new role and shift up here has been fantastic and has born lots of opportunities and one we are extremely pleased we made.

Leaving all of my wonderful friends, family and students was hard and selling our gorgeous property with the Horse Adventure Park we had built was one of the most difficult decisions we have had to make, but as they say 'No pain, No gain', so sell it we did and extremely quickly at that.

We managed to purchase a beautiful 20 acre property with gorgeous views of the horses that we didn't have before in the Eastern Bay of Plenty located between Whakatane, Kawerau and Edgecombe. Since arriving we have spent a lot of time setting up the property so it works for us and renovating the two houses that were on the property. We are now really enjoying the location and the property.

One of the things I love the most about it, is it has the most gorgeous big mature trees all over it. Given how hot it gets up here, the horses spent a lot of time each day sheltering under them which is so wonderful to see.

One of the things I do not like about living up here are the bugs and can I say they are a lot bigger and bite a lot more than anything in the South Island. But you can't have the good without the bad, so I am learning to live with them and learning to manage the horses with them too, as to begin with they just LOVED Trinity. After getting the vet out, and him saying 'Oh they love fresh blood', I was thinking we should be packing up and heading south again! But after persevering and learning what I needed to do and taking shares out in the Equine Insect Repellent companies, I am a lot wiser and all of the horses are now a lot more comfortable. I must say, since I got here I have thought a lot about Neil Pyes classic line 'Adjust to fit the situation' and how great this is for my emotional fitness. ☺ Upon arriving up here I took an Information Technology job so I could meet some people and learn about the Bay of Plenty. I finished that just before Christmas so am now back teaching Parelli Natural Horsemanship full time which is definitely my happy place.

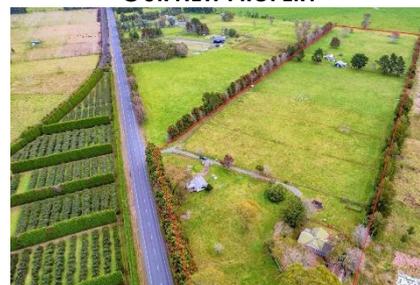
As they say new beginnings allow you to try things you wouldn't normally do, so that's something I have been exploring.

The first thing I have been doing is learning a lot more about marketing. For those of you who run your own businesses, this is a very interesting subject. The marketing course I have been doing has forced me to ask myself some great questions. What is it I want to be? How many of us take the time to ask ourselves that sort of question? I have pondered that a lot lately. The Marketing course

also encouraged me to look at lots of different options for how I might deliver my products. Some of those are in this newsletter, others are yet to be revealed. So...

NEW BEGINNINGS

OUR NEW PROPERTY



NEW BABY

In October one of our mares, Dawn Valley Johara presented us with a beautiful colt. We had bred Joise in the hopes of getting another filly but it was hard to be disappointed as this fellow is just lovely. He is super friendly so we called him 'Buddy'. We have already found a wonderful new home for him and he will make his way there after he is gelded and weaned in the coming months.



NEW OPPORTUNITIES



NEW VIRTUAL COURSES

One of the things I have been working on is virtual or online courses. I know this is something that has gone a bit bananas in the world of Covid but it was something I had been working on for a while, specifically because it allows students anywhere in New Zealand or the world for that matter to learn from me and progress.

I love being able to go online and watch something in the Parelli Savvy Club or on Youtube and then go out use this new knowledge to progress with my horses. To me that's brilliant, but there were a few things that struck me as important when it came to virtual or online education with horses.

1. Firstly any education offered has to be short, sharp and to the point. So much of the online education offered with horses is long, detailed and arduous. I don't know about you, but I just don't have the time or inclination to spend heaps of time wading through copious quantities of videos or information. When I want to learn or improve something, I want it short and to the point. Any video over 5 minutes I don't even look at, so that has formed the first key point of my virtual/online courses.

2. The second thing I want is some simple to the point notes that I can refer to. I find that once I get out with my horse and start experimenting with the learning, that I often need to refresh my memory on the key components. So that is the second thing that comes with my virtual/online courses, some notes that are short succinct and a simple

reminder of the key points to make sure you cover.

3. And number three is each course is broken down into simple strategies or exercises. So when you go out with your horse, you can do 1 or 2 of the strategies or all of them. But each one is effectively separate and can be used at any time to improve what you are working on. This means you can go out for just 5 minutes with your horse and still make great progress.



My first course called 'Using Obstacles to Develop Confidence with our Horses' is now available. This course has 7 simple easy to follow strategies that will make your horse safer and happier in a short space of time.



As I would love to hear your feedback, I am initially making the first 3 strategies of this course FREE to anyone keen to try them out. Email me on info@sandystanway.com if you would like to try them out.

The full course can be purchased on my website at www.SandyStanway.com

MORE VIRTUAL COURSES

More Virtual Courses will be available in the coming weeks/months.



VIRTUAL LEVEL 3-4 FOCUS GROUP

I will also be running my first Virtual Focus Group. The purpose of this focus group is to help students who would like to progress their horsemanship (this is open to any level and whether or not you wish to actually sit your Level 3 or 4 Parelli auditions is not important). This focus group will include:

Monthly Webinars, Weekly Lesson Releases, Video Releases, Accountability Checkins (Optional), Q & A Sessions and Access to a Private Facebook Group to share our successes (Optional).

The way it will work is that each week there will be 3 – 6 topics for you to work on. E.g. Two line friendly game. The idea is that you play with the topic/ingredient and the ideas that I give you and see firstly where are you at with it and then play with some of the ideas and see what you can do. Its not about 'having to get things done', its more a focused learning session each week. More like we are having a lesson and I send you away with a few things to focus on until we meet again, except this time it will be virtual and give you some strategies and ideas to go away and play with.

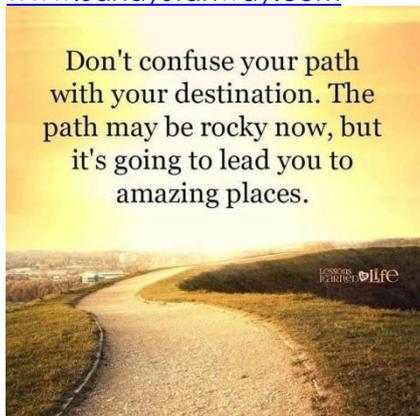
The accountability sessions are more about getting the participants to think about where they are at with each ingredient and what they need to work on going forward. I find that is the biggest thing for



people, they don't know what to focus on or where to start or what to do next. That's what this is about. It really doesn't matter where you are currently (what level) or if you get to each of the topics or just focus on one, it will give you a focus and help you know what you need to work on or what's working well. This focus group will work on Online, Liberty and Freestyle riding but anyone can do it, no matter where you are at or if you are riding or not as each week there will be a range of topics to work on.

The focus group starts on 20th March and will go for 12 weeks. More details are on my website

www.SandyStanway.com



UPCOMING EVENTS



CHRISTCHURCH - 18TH FEB 2022 INDIVIDUAL LESSONS

I will be in Christchurch on Friday 18 February doing individual lessons. If you wish to book in for a lesson, text me on 027 680 4800 or email me on info@sandystanway.com.



CHRISTCHURCH – SAT 19TH FEB 2022 TRAILER LOADING WITH CONFIDENCE 1 DAY CLINIC

This Trailer Loading with Confidence clinic will introduce some strategies you may not have come across before. It will help progress your horsemanship, improve your skills to trailer load a horse and help improve your horses Confidence in and around horse floats/trailers.

To book in see my website for details

www.SandyStanway.com.



EXCITING 40 YEARS OF PARELLI CELEBRATION EVENT 4 – 6 MARCH 2022

Pat Parelli has been teaching Natural Horsemanship for 40 years. On 4-6 March 2022 there is a huge celebration event happening. The event is being Live Streamed. Anyone who purchases a live stream ticket will also receive a copy of it to watch at their leisure anytime in the future. My understanding is there are a host of people joining Pat to deliver this very special event including US Olympian David O'Connor.

Tickets are available on the Parelli Website www.Parelli.com. The program for the three days is as follows:

Friday

Focus on the horse. What makes them tick? How does your horse perceive you as it's partner? How can the Parelli Program help you?

Watch Pat Parelli LIVE as he teaches you the art and science of Applied Horse Psychology.

Saturday

Saturday focuses on you, the rider. What does it take to be a leader for your horse? How do you stay in the leadership mindset even when learning is hard?

Parelli has empowered millions of horse lovers around the globe and you'll walk back to your barn with the skills to becoming a better partner for your horse.

Sunday

Day 3 is about the journey. The process doesn't look like the product. Horse training isn't one size fits all. Learn how to use the Parelli Levels Pathway, not matter your experience or background with horses.



FUN HORSEMANSHIP

When I was a kid, all we thought about was having fun with our ponies. I was thinking about that and thought it might be good if people had some quick things they could do/play with that were just plain fun but a bit



progressive too. My idea is that they are not stressful, not massively difficult (although some of the challenges are quite challenging) but just good fun and something you can play with when you get 5 minutes and want something to do.

I came up with a list of ideas and have uploaded some onto my website on the Fun Horsemanship page. These are FREE and I aim to load up a different challenge regularly to keep it interesting. These are also available on my 'Fun Horsemanship' Facebook page. Take a look if you are looking for something to have a go at.

Here is the latest one I have just uploaded

<https://youtu.be/Cctajm4b06Q>

AUDITIONS

Auditions are used by Parelli to test where people are at within the Parelli Levels program. They involve using the Seven Games to perform a few required compulsory tasks in each savvy (Online, Liberty, Freestyle and Finesse) and are designed to allow you some space to use your imagination to show what you can do with your horse. People ask me when would they should sit an audition. Interestingly, auditions give people a purpose or focus if you like and I also find that most people are a lot better than they think they are. Fear of failure keeps many people from sitting tests or in this case

auditions but I find when people do submit an audition and get the feedback which is designed to help you progress, not criticise, people are surprised by how good they actually were. The praise and recognition also make the hours of time and effort a little more worthwhile. I highly recommend submitting auditions, whether or not you are goal driven, it is a great thing to do.

I have been meaning to send in my auditions with Trinity but hadn't got around to it, so one weekend I got Tony to come out and I taped my Liberty audition. I submitted it and passed with a Level 4++. I was pretty stocked with that, given we hadn't done much together for a few months. My audition is available on my website if you would like to watch it.



EQUIFEST FEBRUARY 2022

Equifest was supposed to have run this past Waitangi weekend. I was excited to be presenting as an Educator and also in the Nightshow. Unfortunately like many things, at the last minute Equifest had to be cancelled due to Covid. We had put in so much work getting ready for this event, it was incredibly sad when it got cancelled. Our

hearts went out to the organisers who put their hearts and souls into bringing an incredible event to those of us who love horses. Hopefully it will go ahead next season.



PARELLI SAVVY CLUB

Parelli has a Savvy Club that has a huge resource of information, videos and step by step guidance on working through a wide range of topic as well as the Parelli Levels. Sam Cunningham who used to run the Australian Parelli office has recently taken over running it. Sam has such great enthusiasm and has injected that into the savvy club and it now has a heap of things going on including live Question and Answer sessions with instructors. I did the January Q & A on the topic of 'Using Obstacles to build confidence with horses' a few weeks ago. It was a great session with some great questions and is now available on the Savvy club to watch if you missed it.

All the best
Sandy

WWW.SANDYSTANWAY.COM

Providing education for Horse Owners that produces safer happier horses quickly

Sandy Stanway – Licensed Parelli 3* Instructor – 108 Kawerau Road, RD2, Whakatane 3192

Newsletter – February 2022 – Ph (027) 680 4800

Email info@sandystanway.com - www.SandyStanway.com

