

# SANDY STANWAY

# Licensed Parelli 3\* Instructor NEWSLETTER

#### WHAT HAS BEEN HAPPENING

Hi All.

Hard to believe it has been nearly a year since I put out a newsletter, and as always there has been a lot happening.

Our biggest news is that we have moved back to Canterbury. We loved our adventures up to the North Island but never ones to look a gift horse in the mouth so to speak, when the opportunity came along to take another step in our journey which included a move back to Canterbury, we took it.

We have brought a lovely 10 acre property in West Melton. It took a while for all of us (Tony, Me, the horses, Roxy the dog and Dexi the cat) to get here, but we are definitely all moved in now and loving being here.



We are currently in the process of setting up the property how we want it. This includes putting in some yards, building obstacles and round pens to go along with the all-weather dressage arena that is already here. As an aside when the new owners of our Horse Adventure Park decided to stop opening it up as a Horse Adventure Park, I did manage to buy back a number of the obstacles that we had built, so between those and the new ones we are currently building, there should be lots of fun things to enjoy when you come on a course or for lessons.

#### RIDING WITH PAT PARELLI IN COLORADO - USA

In July I was lucky enough to be asked to teach at the Parelli campus in Pagosa Springs, Colorado, USA. Part of the agreement of me going to teach was that I would spend two weeks teaching and then two weeks riding and learning directly from Pat Parelli as well as getting to enjoy the Parelli Summit which is Parelli's annual 3 education conference at the end of my stay. To say this was a great opportunity, would be an understatement.

I left NZ on 28th of July and then spent several days riding with Pat before starting teaching as the lead instructor, one of the campus courses. Pat is an absolute master horseman. He knows exactly what a horses needs, when it needs it and how to go about doing that as well as how best to help the handler or rider to improve exponentially. I learnt loads. He helped improve my riding, he helped improve my teaching and he helped show me the value of having a plan for each horse regarding what to work on and when. It was astounding and I was extremely excited to do more of this once I finished teaching.



Unfortunately late in the first week of teaching, my Mum contracted Covid and over the coming days went downhill. I ended up flying home but didn't make it home before she passed away. It was a pretty tough time. Mum and I were very close after her living with us for 3 years before we shifted to the North Island. We all miss her dreadfully but that's life and it has most certainly made me appreciate life even more.

So even though my time was cut short with Pat, it was extremely worthwhile and I am a better horsewomen for the time I did get to spend with him and have a quite a number of new strategies I can now share with students.



### EQUIFEST TAUPO (OCT 2022) & EQUIFEST CHRISTCHURCH (DEC 2022)

In October I spent three days teaching at Equifest Taupo and did the same in Christchurch in December. I got introduce a lot of people to Parelli



Natural Horsemanship which was pretty awesome and also show people a little bit about Liberty horse training. In both cases I had two of my horses there to help me demonstrate which was awesome. They were great events with lots of people in the stands at both venues. At the Taupo event Tony and I were also part of the nightshow. This involved Tony and I performing with two of our horses. It was a heap of fun and the crowd really got into it, which was neat. We were meant to replicate that in the night show in Christchurch, but unfortunately Trinity hurt her back on the trip down from the North Island and was not up to doing the show so we had to pull out. Both Equifest events were amazing to be part of and one I would highly recommend attending.

#### **SUE EDWARDS FLATWORK CLINIC**

Sue Edwards is a British Eventing Coach who we were lucky enough to have present a three day dressage/finesse clinic in November.

What a great clinic. Sue covered how to get the horses more confident working in a frame, how to get them to find relaxation working in a frame and how to get them using their bodies in a more biodynamic way. It was a brilliant clinic! We are working on getting Sue back again later in 2023. If you are interested in progressing your Finesse work, this is definitely a clinic worth attending for both horses and riders.

#### **NEIL PYE 5 DAY CAMP NOV 2022**

In late November we once again managed to get Neil Pye here to teach a five day camp. This was fully booked with 15 participants and a huge success. Neil is a great instructor with such a vast amount of knowledge and skill gained from spending so much time directly with Pat which ensured significant improvements were made by everyone as well as having a heap of fun and enjoying a great deal of comradery in the process. I am thrilled to report that I have been able to secure Neil back for three further clinics/camps this year. I would highly recommend getting along to one of these if you are can. More details on those later in the newsletter.

#### MY 2023 TEACHING SCHEDULE

Since returning to Canterbury, I have had a lot of requests from students and new clients wanting me to teach. As I am currently working full time in an Information Technology role, I have limited time and availability. In order to make the most of the time I do have available for teaching I will be focussing on group lessons which will replace individual lessons. With group lessons you still have the ability for me to help you with whatever you want to work on.

Each group lesson will last 2 hours and have a maximum of five participants. The cost of these is \$150 per person. There will be two time slots available 8:30am – 10:30am and 11am to 1pm. Bookings for these is available by texting or emailing me. Payment must be made prior to the these lessons as I no longer have the time available to chase up non-paying clients.

These are going to start on **Saturday 4th February** and will run Monthly. The second available date will be Saturday 25<sup>th</sup> February. These are on a first come first served basis. Note I am happy to assist you in these group lessons with ground work or ridden. These lessons will all be held at my property at 90 Neave Road, West Melton.

#### NEIL PYE – PARELLI NATURAL HORSEMANSHIP INSTRUCTOR EMERATIS 2023 CLINICS AND CAMPS 2 (or 3) Day Control and Confidence Clinic – Neil Pye

Saturday 18<sup>th</sup>, Sun 19<sup>th</sup> with the optional third day of Mon 20<sup>th</sup> March.

This clinic is all about building control and confidence working with or riding your horse and improving the confidence of the horse with everything they have to face in a humans world. Neil has been running this course in Australia with huge success, and is designed to be a course that can (and should) be repeated multiple times and will progress your horsemanship every time. It is a two day clinic with an optional 3<sup>rd</sup> day. The idea of the third day is about time and consistency and when everything you have learnt over the first two days get put into practice and it all comes together. The cost of this clinic is \$500 for two days or \$700 for all three. This clinic will have a maximum of 12 participants on it. Dates for this clinic are Saturday 18th, Sun 19th with the optional third day of Mon 20th March. This clinic will be held at my property at 90 Neave Road, West Melton.

#### <u>2 Day Level 1/Introduction to Parelli Natural</u> Horsemanship with Neil Pye – 30 Sept-1Oct 2023

I have had lots of requests for an Intro Clinic so here it is - Neil has made himself available to teach this course. For anyone interested in learning the basics of Natural Horsemanship and how to get started, this is the clinic for you. Funnily enough, a number of experienced horsemen and women often attend this course as well if they have a new horse, as it's a great way to start a new horse or young horse on the journey as well as improving your own skills – remember – excellent horsemanship is just the basics done with excellence.

The dates for this clinic are Sat 30<sup>th</sup> Sept and Sun 1<sup>st</sup> Oct. This clinic will be run at an indoor arena somewhere in Canterbury, so it can go ahead no matter what the weather. I am just confirming the



details of that and will confirm these on my website as soon as they are available. The cost will also be confirmed in the next week or so as well.

5 Day Camp with Neil Pye – 10 – 14 Nov 2023

This was hugely popular and is being offered again this year. This focus of this camp is on advancing your horsemanship. Being a master Instructor, no matter what level you are at, Neil will expertly help you move improve, progress and build a better relationship with your horse.

Costs for this camp are to be confirmed. See my website for details.

#### VIRTUAL COURSES

I have two Online/Virtual Courses available on my website -

- Using Obstacles to Build Confidence in our Horses Course. This course has 7 simple easy to follow strategies to help make your horse happier and more confident.
- Building a Great Connection with your Horse
  Course This course has 10 easy to follow
  strategies to help build a great connection with
  vour hose.

These courses are available for purchase on my website at <a href="https://www.SandyStanway.com">www.SandyStanway.com</a>

#### **FUN HORSEMANSHIP**

I have a bunch of fun little challenges available on my Fun Horsemanship Facebook Page https://www.facebook.com/FunHMS if you are keen to try out a few challenges. They are also available on the Fun Horsemanship page of my website www.SandyStanway.com.



#### **BRAND NEW PARELLI NETWORK**

Parelli has created a Parelli Network. This has been created to meet the ever increasing demand from Students who are keen build a community of like minded people both in person and online.

It is free for a month to test out and well worth investigating. People just love it as it is a great combination of education, interaction, community and support. Here is the link to join <a href="https://community.parelli.com/share/uvtsXQW">https://community.parelli.com/share/uvtsXQW</a> a18GfFeoa?utm source=manual

All the best Sandy

# **WWW.SANDYSTANWAY.COM**

